

The Preamble

Before one has studied people for long, it becomes evident that many have forgotten that they are the most sovereign, omniscient creators of their own lives. One sees people who unknowingly create suffering for themselves and then attempt to explain the suffering by electing the universe as cause of it. One sees people who have reduced their own creative power to the bare whispering of a few pleas for mercy from the fear and pain that fill their days.

A milestone in the research of the Avatar materials was the development of a technique that demonstrated that the world one experienced was ultimately shaped by one's consciousness and not the other way around. As it turned out, the technique was also a very effective tool for reshaping both consciousness and experience.

Avatar closed forever the overdue accounts of past therapies and ideologies and confirmed the ageless suspicions about the creative potential of the human spirit!

*And now I adopt the conspiratorial whisper of a lover,
for the best I am loves you.
You have done and can do no wrong that I do not share.
Nothing can modify my love for you.
In harmony may the thoughts fashioned here
remind you of what you've always known.
To the canons of man this single line is added:
"Truth is what you create it to be."*

*By these lines you are introduced to the Creative Path.
You may turn away and embrace the belief systems of others,
but having once heard, the whisper shall never leave thee.*

Chapter Nine

Orders of Belief Systems

TYPE ONE BELIEF SYSTEMS

Type One belief systems depend upon an emotional appeal to fear, sympathy, distrust or hatred. “You’d better believe – or else.” Allegiance to Type One belief systems is generally maintained by the introduction of some form of the following two beliefs:

It is a lack of faith or honor if you doubt the truth of your own belief system.

If another questions your beliefs, it is a hostile act motivated by evil.

Type One belief systems intentionally cripple the abilities of believers to observe, discern or reason. Members who have doubts are required to make amends by self-damaging acts of contrition or sacrifice.

All but the most emotionally dependent eventually develop an unresponsiveness to

*Examples of Type One beliefs:
(This is how it is.)*

- *You can’t trust a _____.*
- *You’re going to burn in hell if you don’t _____.*
- *You have been victimized by _____.*
- *You’re not source because _____ is source.*

*Examples of Type
Two beliefs:
(This is how it is.)*

- *Sometimes you have to do things you don't want to do.*
- *Certain things just aren't good for you.*
- *You probably ought to see a doctor.*
- *Sometimes I'm source and sometimes God is.*

the manipulative fear and emotional appeal of Type One systems. Most drift away, often with shame and regret for their former conduct and their own gullibility.

TYPE TWO BELIEF SYSTEMS

Type Two belief systems gain support by appealing to the needs and insecurities of people. They are the tiger cures or belief solutions talked about earlier. Here one finds the logic behind the social customs of a people, the common knowledge that passes without question, the broad collective agreements of what is true. Type Two systems often contain stoic beliefs about the inevitability of suffering.

Type Two systems are usually transparent (invisible) to their adherents. The beliefs upon which they rest are seldom questioned. The agreements of the members form an invisible doctrine, possibly telepathic in nature, that is experienced as fact. Those who do question the agreements are more likely to be socially outcast or considered insane, rather than scholarly or hostile.

It is common, at least in the last century, for the offspring of those who hold Type Two belief systems to assert their independence by rebelling against their parents' common-sense beliefs. Unfortunately, this often makes them emotionally susceptible to zealous cults promoting Type One belief systems.

TYPE THREE BELIEF SYSTEMS

Type Three belief systems depend upon factual evidence. The believers of Type Three systems generally object to the notion that they are involved with a belief system and prefer to call their belief systems sciences, technologies, or bodies of hard objective fact.

Type Three adherents are frequently addicted to thinking and/or arguing. In order to even consider a viewpoint outside of their particular paradigm, many of them require an environment where judgments are suspended and a strenuous discipline is enforced to still mental processes.

The more able Type Three adherents, who provided the models for aspiring students seeking to escape Type One and Type Two structures, are extremely persuasive and can quote many facts to support the truth of their “objective” belief systems. Type Three believers argue the truth of their beliefs by a heavy reliance on sensory impact (particularly pain), evidence from the past, and logical assumptions.

Their truth, upon examination, is never more than a conviction that certain factors have a greater predictable repeatability than certain other factors. Their basic assumption is that consistent behaviors, whether of people or materials, demonstrate some truth.

Occasionally a Type Three believer experiences a remission of his or her insistence of

*Examples of Type
Three beliefs:
(This is how it is.)*

- *For every action there is an equal and opposite reaction.*
- *Seeing is believing.*
- *It's all a matter of relativity.*
- *Knowledge allows me to be source.*

rightness and, from a new perspective, begins to see that certain facts are really nothing more than the foundational beliefs of a single reality sphere floating in all possibility. It is a moment in which one truly understands paradigms.

This frequently happens to individuals who take the Avatar® course.

TYPE FOUR BELIEF SYSTEMS

*Examples of Type
Four beliefs:
(This is how you
could make it.)*

- *Things always work out for me.*
- *Life teaches me what I need to know.*
- *I intuitively make the right choices.*
- *(Make up your own!)*

Type Four belief systems contain intentionally created beliefs. They are created so that their creators can acquire experiences, new perspectives, and ultimately reassure themselves of their own unlimited source. This is the belief system of gods. Avatar is a Type Four belief system.

Type One, Type Two and Type Three belief systems are various degrees of unawareness of the existence of Type Four belief systems. Type Four belief systems establish the rules and playing fields for the other types.

Type Four belief systems are usually temporary and changeable as there is no hard reality that they pretend to reflect. The Avatar materials contain instructions and tools that one can use to deliberately create, manage and enjoyably experience the many variations of Type Four beliefs.

The adherents of Type Four systems look upon their beliefs, as well as those of others, as the blueprints for experiential reality.

Chapter Sixteen

Relative Truth and Existence

“Two philosophers in a library walk down a narrow row of bookshelves. At the end of the row, the first philosopher comments on the books he has seen.

‘What?’ says the second philosopher. ‘They are not what I saw.’

They quickly enter into an argument. Why?

Oh, did I mention one philosopher is a foot shorter than the other?”

* * *

“What you observe AS affects what you perceive as true. What you operate AS affects what you can do. Inconsistencies in observation and abilities arise as a result of differences in AS...”

Avatar Wizard lecture, 1991

Things that we say are true about one level of existence may not be true at another level of existence. Things that we view as true from one perspective may not be true from another perspective. Most disagreements and conflicts, particularly in religion, philosophy and psychology, are due **not so much to what is viewed as to a mismatch of viewing levels or perspectives.**

Practices and procedures that transform lives at one level of existence may be unworkable or have no effect at another level of existence.

Knowing the frame of reference of the observer is essential to evaluating the truth of an observation. Drunks sometimes do see pink rabbits!

Since the belief management procedures of Avatar directly address the consciousness that uses them, they are self-adapting to the level of existence being experienced by the person.

The following chart describes four broad levels of existence, the principal concerns of each level, and the results of believing at each level.

Level of Existence	Principal Concerns	Results of Believing
<i>Awareness (Definitionless)</i>	<i>Creating and discre- ating reality</i>	<i>Believing results in effortless manifesta- tion</i>
<i>Consciousness (Defining)</i>	<i>Thoughts, observa- tions and impres- sions</i>	<i>Believing results either in a creation or a restimulation of previous creation</i>
<i>Identity (Defined)</i>	<i>Evaluations, prefer- ences and judgments</i>	<i>Believing filters per- ception</i>
<i>Body (Creation)</i>	<i>Stimulation, regen- eration and procre- ation</i>	<i>Believing aligns (true) or conflicts (false) with an exist- ing reality</i>